

## The No Surprises Act

The federal government recently passed a law that is designed to prevent uninsured or self-pay patients from unknowingly utilizing medical and hospital services that incur costs they were not expecting. The regulations for implementation have not been written yet, and mental health providers have some concerns about the current law (e.g. we may not be able to provide a full good faith estimate of the total cost of treatment before we determine your diagnosis or your ongoing response to therapy). Therefore, we are simply making available our rates and encouraging you to have a conversation with your mental health provider about your expected course of treatment and the estimated costs. We also encourage you to initiate conversations along the way if you have any concerns related to the cost of your care.

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Good faith estimate:

Intake fee \_\_\_\_ Follow-up (per session) \_\_\_\_ Approximate number of sessions (may be revised) \_\_\_\_

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I have reviewed with my provider an estimate of costs of my treatment course.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ (patient or legal guardian)

Signature                      Printed name                      DATE \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ (provider/witness)

Signature                      Printed name                      DATE \_\_\_\_\_

Dr Sally Winston

Executive Director, ASDI

Jan 1, 2022